16th April 2018

Dear Parents,

Year 5 – Puberty Talk

On Tuesday 22nd May, Year 5 will be having a visit from the school nurse to discuss the issue of puberty.

This is an important part in the National Curriculum and we feel all children will benefit from learning about how the body changes during puberty.

The following objectives will be covered during the session:

- to describe the main physical and emotional changes in puberty, for both boys and girls and the differences between them
- to identify basic facts about menstruation

We understand this can be a sensitive issue so if you wish for your child to be withdrawn from this lesson, please send a letter to your child’s class teacher. If we do not receive a written letter we will assume you are happy for your child to attend this lesson.

Yours sincerely,

Miss Edwards and Mrs Hydes