8th December 2017

Dear Parent/Carer

PINE BAY – Thursdays 1.30 – 3.00 p.m.

As part of the school’s curriculum, all pupils have to complete a course of swimming lessons and the school must provide the opportunity for this. Swimming lessons take place over the course of 1 term meaning every class will swim once in a school year.

Your son/daughter will be swimming during the Spring term on Thursdays starting from 11th January 2018.

Could you please ensure that your child has the correct swimming kit and that they bring it in with them ON THE DAY they are due to swim. All items should be labelled with your child’s name. A list of the required kit is detailed below:

<table>
<thead>
<tr>
<th>Girls</th>
<th>Boys</th>
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<tbody>
<tr>
<td>One Piece Costume</td>
<td>Swimming Trunks (not long beach shorts)</td>
</tr>
<tr>
<td>Swimming hat (compulsory)</td>
<td>Swimming hat (compulsory)</td>
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<tr>
<td>Towel</td>
<td>Towel</td>
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<tr>
<td>Goggles (optional)</td>
<td>Goggles (optional)</td>
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Goggles are optional although it is expected that your child will swim without goggles for some lessons UNLESS THERE IS A MEDICAL REASON FOR NOT DOING SO.

If your child has a verruca, it is also expected that they will wear an appropriate sock. Please note that a plaster or protective cream is not enough.

All jewellery should be removed. There are no exceptions to this rule. A directive from Essex County Council states that all jewellery is removed for all PE and that earrings must not be taped over.

During the first lesson, all pupils will be assessed and placed into their appropriate group. Times will then be passed to your child’s class teacher and your child advised of their swimming group.
As part of Health and Safety Regulations, it is important that all children are supervised while changing. To enable this to happen, we will be looking to parents to volunteer their time (if they are able to do so). You will need to complete volunteer registration forms, if you have not already done so and have a DBS check, which can be arranged via the school office. We are very grateful for any help you are able to give us and for giving up your spare time, this enable us to continue to offer the swimming lessons, free of charge to the children of our school. Occasionally if there are enough helpers, it is possible to draw up a rota and you will not be required to help every week. Please speak to Mrs Weatherhead if you would like more information.

We hope your child will enjoy their term of swimming, if you have any concerns about your child starting their lessons, please do not hesitate to contact the school office who can liaise with the swimming pool manager.

Kind regards

Mrs Edom Baker
Head Teacher