FREE Parenting Programme
School Age

Starts:
Friday 29th September 2017
For 12/16 weeks (term time only)
9.30-11.30am

at
The Family Centre
Lawford Mead Schools site
Trent Road
Chelmsford, CM1 2JH

"It helped make our home calmer and harmonious."
* previous parent’s comment who attended the course

We are offering a FREE initial 12 week Incredible Years parenting programme, with an optional 4 week helping your child at school module.

The programme will allow you to strengthen your parenting skills, by meeting with other parents and sharing ideas and good practices.

The programme includes:

* Improving your relationship with your child through child led play
* Ideas on how to support your child's social and learning skills
* Ideas on setting clear boundaries

Crèche available places limited (Free of Charge)
Please call 01245 354134 to book a place