What to do:
1. Ask your child to help you to write a shopping list.
2. Talk together about what items to put on your list. Help your child by sounding out the words phonetically and accepting their attempts. Let them make small drawings to represent the items too.
3. Ask them to ‘read’ it back to you.
4. At the shops, let your child have their own basket.
5. Have fun finding the items on the list, crossing them off as you go.
6. Support your child to hand over money and collect any change.
7. Congratulate them on a job well done.
8. Try to use as much detailed vocabulary as possible.

What you need:
Pens  
Paper  
Purse  
Money  
Bag  

Praise any efforts your child makes.

Extension activities
Set up a shop at home.  
Explore different types of food shops.  
Look at packaging & talk about healthy / unhealthy food & where food comes from.